

CHAPTER 33

MEDICAL SCIENCES COMMUNITY MEDICINE

Doctoral Theses

417. DEHGHANI (Ali)
Hospital Based Study of the Effectiveness of Lifestyle Intervention in Reduction of Coronary Heart Disease Risk Factors.
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Abstract

Emphasises on urgent need for secondary prevention among CHD patients to modify their lifestyles to reduce the prevalence of major risk factors in them. Finds out effectiveness of lifestyle intervention in reducing six major risk factors namely tobacco, hypertension, diabetes mellitus, obesity, physical inactivity and abnormal lipid profile in CHD patients admitted in CCU ward of GTB Hospital.

Contents

1. Introduction. 2. Review of literature. 3. Aims and objectives. 4. Materials and methods. 5. Results. 6. Discussion. 7. Summary and Conclusions. 8. Limitations. 9. Recommendations. 10. Bibliography. 11. Annexures.