

CHAPTER 38

MEDICAL SCIENCES
PSYCHIATRY

Doctoral Theses

458. SAFARA (Maryam)
Impact of Cognitive Therapy and Spiritual Therapy on Anxiety and Depression among Iranian Students Residing in Iran and India.
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Abstract

This study is an exploration of the level of anxiety and depression in Iranian female students residing in Iran and India and also study the effect of cognitive therapy and spiritual therapy. More specifically, it investigates how spiritual therapy may help to reduce anxiety and depression more than cognitive therapy and how the effect of treatment on anxiety and depression in Iranian female students residing in India is less than Iranian female students residing in Iran.

Contents

1. Introduction. 2. Review of literature. 3. Methodology. 4. Data analysis and discussion of results. Summary and Conclusions. Bibliography.